



251 Glenridge Avenue, St. Catharines, Ontario L2T 3Y7  
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 Website: [www.stjuliastc.com](http://www.stjuliastc.com) | Email: [parish@stjulia.ca](mailto:parish@stjulia.ca)

**Mass Schedule**

Monday, Tuesday, Wednesday and Friday 8:30 a.m.  
 Saturday 5:00 p.m.  
 Sunday 9:00 a.m. (Children's Liturgy of the Word)  
 11:00 a.m.

**Confessions**

Saturday 3:30 p.m. to 4:30 p.m. or by appointment

**Office Hours**

Monday to Friday, 9:00 a.m. to 1:00 p.m.

**Diocesan Bishop**

Most Rev. Gerard P. Bergie D.D.

**Pastor**

Fr. Greg Schmidt  
[frgregoryschmidt@gmail.com](mailto:frgregoryschmidt@gmail.com)

**Deacons**

Deacon George Newman  
 Deacon Brian Jeynes

**Director of Music**

Dr. David Holler

**Maintenance**

Jim Salmon

**Administration**

Christine Buckley  
 Cheryl Wood

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**Parish Mailing Address:** 16 Adelene Cres., St. Catharines, Ontario L2T 3C7

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# March 19, 2023

## Fourth Sunday of Lent

At this point in our Lenten journey, it is tempting to grow weary of the spiritual disciplines we have taken on. Today's readings inspire us to remain faithful, in grateful response to a God who loves us so much. In our first reading, the prophet Ezekiel speaks God's own words to us. "I will put my spirit in you that you may live... I have promised and I will do it, says the Lord." Our God wants to be so closely united to us that we are one with Him. And He has promised He will do it. But only if we make room for Him by making Him THE priority of our lives. Putting God first is a grateful response that is very pleasing to Him. How can we do this? Our second reading, from Romans, tells us. "Those who are in the flesh cannot please God. But you are not in the flesh... you are in the spirit if only the Spirit of God dwells in you."



The disciplines of Lent and a stewardship way of life are wonderful gifts that free us from too great an attachment to "the flesh." The sacrifices we make as Christian stewards are not meant to restrict our freedom and joy. Quite the contrary. They are tools to help us find the real freedom and joy that only come when we make room in our lives for God.

As we journey closer to the Passion of our Lord, let us intensify our Lenten resolutions and our stewardship way of life, inviting the Holy Spirit to take over more and more of our lives. By Easter, we will be freer to rejoice in Him and truly pleasing to God.

Stewardship Reflections by [Catholic Stewardship Consultants](#)

## Parish Calendar

### Monday, March 20

8:30 a.m. (Livestream) - Gilbert LeBel †  
Harry & Ingrid Edmondstone † | Special Intention

### Tuesday, March 21

8:30 a.m. (Livestream) - Basil Markle †  
Carmel Dube †  
10:25 a.m. - Lent Reconciliation at St. Peter School

### Wednesday, March 22

8:30 a.m. (Livestream) - Giuliana Ciarrocca †  
10:00 a.m. - Lent Reconciliation at Denis Morris

### Thursday, March 23 - No Mass

### Friday, March 24

8:30 a.m. (Livestream) - Bill Ringrose †  
Special Intention  
9:00 a.m. (Livestream) - Stations of the Cross

### Saturday, March 25

9:00 a.m. (Livestream) - The Annunciation of the Lord  
10:00 a.m.—2:00 p.m. - Lent Reconciliation  
5:00 p.m. (Livestream) - Special Intentions  
Maria Szeideman Sr. † | Adel George Wakil †  
Marlene DeRose †

### Sunday, March 26

9:00 a.m. (Livestream) - St. Peter Family Mass  
Maria & John Bak † | Rosanna Davis-Bak †  
Vittoria Passero †  
11:00 a.m. - Mass for the People

## Are You Being Called?

"...if someone is God-fearing and does His will, He listens to him."

Are you being called to do the deeds of Christ as a priest or in the consecrated life, proclaiming the reign of the loving mercy of God our Father?

Contact Fr. Greg at the church office,  
905 684 5603 or email  
frgregoryschmidt@gmail.com.

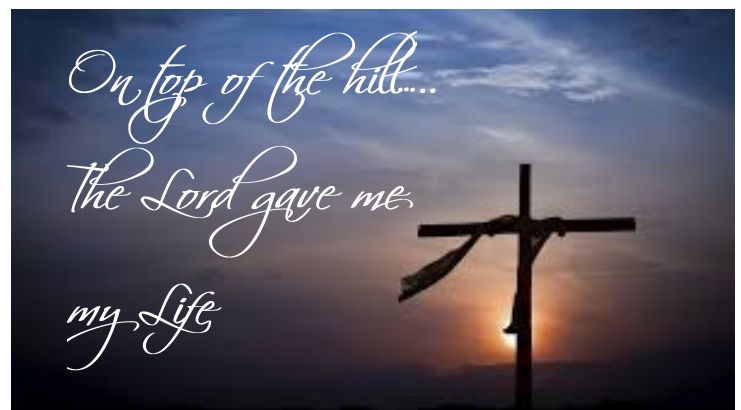
## Faith Formation & Catechesis



We welcome you to join our RCIA session for a

**"Reconciliation Prayer Service"**

at 7:00 pm, Tuesday, March 21st.





- Those planning to attend the Annual Members' Meeting at the Holiday Inn on April 24 must have payment (\$80) to Mary Jo Modolo by Monday, March 20.
- Bishop Bergie will celebrate a Respect for Life Mass on the Feast of the Annunciation, Friday, March 24 at 7 pm at the Cathedral.



## Standing for the Land in Honduras

Honduras's diverse ecosystems, fertile lands and rich natural resources attract many profiteering enterprises that overexploit the land to no benefit for local communities.

Development and Peace — Caritas Canada supports Equipo de Reflexión, Investigación y Comunicación (ERIC, Reflection, Research and Communication Team), an organization that helps communities in their struggle for land and territory and investigates human rights abuses.




This Lent, meet our solidarity visitor Elvin Hernández, a human rights investigator at ERIC.

Learn more at [devp.org/lent](http://devp.org/lent).




**Special Collection**  
March 25th & 26th

Envelopes are available  
at the back of the church and in the lobby.



## Sacred Heart Private School

*"Love one another as I have loved you" Jn. 13:34*




**Elementary School**

**Faithful to the teachings  
of the Catholic Church**

**Academically Focused**

**Spiritually Enriching**




**Grades 1-8**

**Affordable tuition rates**

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the Sisters of the  
Sacred Heart**

**1 Edward St. Welland**



**For more information contact**  
**[sacredheartprivateschool22@gmail.com](mailto:sacredheartprivateschool22@gmail.com)**



## St. Julia SVDP Update

- As you are aware of the influx of refugees into Niagara Falls; the Niagara Falls SVDP store has given away most of its stock of goods to those in need. There is an urgent need for warm clothing and footwear for entire families. Small appliances like toasters and kettles, dishes, bedding, books, and small toys for the children are also needed. Used laptops and tablets are also useful. Tourist season will soon start and many of these refugees will need shelter as they wait for work permits.
- Food cards that support our clients average \$1600 monthly. The principal client receives \$100 and each additional family member \$50 in food cards towards groceries. St. Patrick's food bank is grateful for your ongoing food donations to the bin at the entrance to our church.
- Thank you for your ongoing support of St. Julia SVDP. Your generosity and prayers are most appreciated. You make our mission to help the poor a reality every day.

# Ways to Give to St. Julia Parish

## Pre-Authorized Debit (PAD)

- The easiest way to give, automatically debited from your bank account monthly
- Set it up once and never forget your offering
- Sustained offering for the parish through regular and consistent giving
- The debit will take place on the 5<sup>th</sup> day of each month (or on the next business day)
- Can be altered or stopped at any time

Click Here to print the form. Don't have a printer? Simply email or call the office and we will be pleased to mail you a form. Once completed drop off at the parish office or mail to:

St. Julia Church  
16 Adelene Crescent  
St. Catharines, ON  
L2T 3Y7

## Interac e-Transfer

- Instant offering / transfer of funds from your bank account to St. Julia's account

1. Log in to your online banking
2. Click *Interac* e-Transfer
3. Add contact name i.e. St. Julia
4. Notify by *email*
5. Contacts email address
  - Enter in our new **stjuliaparishstcgiving@gmail.com** email address
  - (you will only have to enter this in for the first time – St. Julia will then be a saved contact)
6. Make your donation via your newly set up *Interac* E-Transfer

**Note:** *Please put your envelope number in the message line  
There is no password required for St. Julia to receive your donation*

## The Traditional Envelope

- Tried and true. Offered at the end of Mass or you can mail your envelope to:

St. Julia Church  
16 Adelene Crescent  
St. Catharines, ON  
L2T 3Y7

## CanadaHelps.org

- Instant donation using your credit card. Click Here to donate now.

**Note:** Tax receipts are issued directly from CanadaHelps.org

*Thank you for your continued generosity.*

**God bless you and those that you love.**