



251 Glenridge Avenue, St. Catharines, Ontario L2T 3Y7  
 Telephone: 905-684-5603 | Fax: 905-684-9479  
 Website: [www.stjuliastc.com](http://www.stjuliastc.com) | Email: [stjuliaparishstc@gmail.com](mailto:stjuliaparishstc@gmail.com)

**Mass Schedule**

Monday, Tuesday, Wednesday and Friday 8:30 a.m.  
 Saturday 5:00 p.m.  
 Sunday 9:00 a.m. (Children's Liturgy of the Word)  
 11:00 a.m.

**Confessions**

Saturday 3:30 p.m. to 4:30 p.m. or by appointment

**Office Hours**

Monday to Friday, 9:00 a.m. to 1:00 p.m.

**Diocesan Bishop**

Most Rev. Gerard P. Bergie D.D.

**Pastor**

Fr. Greg Schmidt  
[frgregoryschmidt@gmail.com](mailto:frgregoryschmidt@gmail.com)

**Deacons**

Deacon George Newman  
 Deacon Brian Jeynes

**Director of Music**

Dr. David Holler

**Maintenance**

Jim Salmon

**Administration**

Christine Buckley  
 Cheryl Wood

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Parish Mailing Address: 16 Adelene Cres., St. Catharines, Ontario L2T 3C7

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# July 17, 2022

## Sixteenth Sunday in Ordinary Time

In today's Gospel reading from St. Luke, we receive a reminder about the proper use of the gift of time, a fundamental aspect of a stewardship way of life. Our passage highlights one of the most famous dinner parties ever thrown, recalling the day that Martha and Mary hosted our Lord in their home. We are told that Martha, as a good steward, welcomes Christ in but then becomes "burdened with much serving" while her sister and fellow hostess chooses to simply sit with Jesus, listening to Him speak.



Martha becomes indignant at Mary's behavior and complains to Jesus, "Lord, do you not care that my sister has left me by myself to do the serving? Tell her to help me." But Jesus, in His infinite wisdom, refuses to get pulled into this sisterly spat. Instead, He offers Martha a fresh way to look at the situation. "Martha, Martha, you are anxious and worried about many things. There is need of only one thing."

What is that one thing? It is to put Jesus first in our lives and above all other things; to "sit at his feet" and listen as Mary did, giving Him the priority of our time no matter how busy we think we are. When we truly commit to putting Christ first in our daily lives through a regular time of prayer and frequent participation in the sacraments, we will find that all our other concerns become less pressing, less overwhelming.

Why is this so? Because the time we invest in our relationship with God saturates all aspects of our lives with His grace. And because God cannot be outdone in generosity. He will abundantly reward any sacrifice we make to spend time with Him.

Stewardship Reflections by [Catholic Stewardship Consultants](#)

### Are You Being Called?

"It is He whom we proclaim."

Are you being called to proclaim Christ and the word of God? Contact Fr. Greg at the church office, 905 684 5603 or email [frgregoryschmidt@gmail.com](mailto:frgregoryschmidt@gmail.com).

### If You're Happy and You Know It... A Gratitude Retreat



Led by: **Anna Racine**  
Date: **Aug 5-7**  
Cost: **\$300**

True happiness is an internal job. It's a conscious choice to focus on the positive and free ourselves from negative thinking. Follow your heart to a weekend at Mount Carmel and take yourself on a life journey to nourish, embrace and celebrate all that you are. Learn how to strengthen your foundation of happiness, and how it can help to build a lifetime of laughter and joy.

When we search for the path to happiness we find that gratitude and happiness are closely linked. Discover how the simple practice of gratitude allows us to reclaim our inner happiness so we can be our best self.

"Be grateful for the big things, the little things, and everything in between, and happiness will follow."

Presenter Bio available at [www.annaracine.org](http://www.annaracine.org)

## Parish Calendar

### Monday, July 18

8:30 a.m. (Livestream) - Helen & Edmond Michaud †

### Tuesday, July 19

8:30 a.m. (Livestream) - Richard Waters †

### Wednesday, July 20

8:30 a.m. (Livestream) - Chuck Masse †

### Thursday, July 21 - No Mass

### Friday, July 22

8:30 a.m. (Livestream) - Chuck Masse †

### Saturday, July 23

5:00 p.m. (Livestream) - Peter Rockingham †

### Sunday, July 24

9:00 a.m. - Mass for the People  
11:00 a.m. - Robert Pringle † | Tom Roselli †

Mount Carmel Spiritual Centre  
7020 Stanley Avenue  
Niagara Falls, Ontario L2G 7E7  
[www.carmelniagara.com](http://www.carmelniagara.com)  
905-356-4113



# July 24, 2022

## Seventeenth Sunday in Ordinary Time

In our Gospel reading from Luke, some disciples of Jesus ask our Lord to teach them how to pray. Jesus instantly offers them the beautiful prayer which we, of course, call the Our Father.



The Our Father is truly a steward's prayer. In it, we call upon God in an intimate way, as Father. We ask that His will be done (not ours!) and that His kingdom come (not ours!). In other words, we remember that He is our Creator, everything is His, and our focus in life should be on His priorities, not our own. Then we ask Him to supply our needs (to give our daily bread), forgive our sins, and protect us from evil. That is, we proclaim our complete trust in His provision for us and mercy towards us. We, too, commit to extending mercy ourselves (as we forgive those who sin against us).

As we pray the words of the Our Father, we recognize this basic truth about ourselves and God: God is our Father, and we are beloved and infinitely blessed to be His children. This is the basis of a stewardship way of life.

At the end of the Gospel passage, Jesus encourages us to pursue a relationship with the Father: Ask Him, seek Him, knock on His door!

He can hardly wait to bless us, His children. Remember that this week, then go, be a blessing to others! Stewardship is just that simple.

Stewardship Reflections by [Catholic Stewardship Consultants](#)



## St. Julia SVDP Update

The Ozanam Center notified us that they were in need of a meat slicer to use when making so many box lunches for the less fortunate. Your ongoing generosity and support have allowed us to donate \$700 for this purchase. **"When I was hungry you gave me to eat."** No one should go hungry.

**Thank you for your ongoing support.**

## Parish Calendar

### Monday, July 25

8:30 a.m. (Livestream) - Margaret O'Neill †  
Special Intention

### Tuesday, July 26

8:30 a.m. (Livestream) - Andrew Boyd †

### Wednesday, July 27

8:30 a.m. (Livestream) - Chuck Masse †

Thursday, July 28 - No Mass

### Friday, July 29

8:30 a.m. (Livestream) - Mary Bak † | Chuck Masse †

### Saturday, July 30

5:00 p.m. (Livestream) -  
John & Margaret Doodeman †

### Sunday, July 31

9:00 a.m. - Mass for the People  
11:00 a.m. - Angie Napoli † | Willibrod Huibers †

## Offerings for June

Envelopes	\$ 19,899.70
Monthly Preauthorized Giving	9,822.57
Canada Helps	231.85
Interac e-Transfer	2,450.00
Renovations & Repairs	2,020.00
Parish BBQ	631.00
<b>Total</b>	<b>\$35,054.12</b>

**CATHOLIC**  
and **LIVING IT!**



July, 2022

## Catholic Women's League Corner

Did you know:

- that the Catholic Women's League originated in England in 1906?
- that the Catholic Women's League of Canada was established in Montreal in 1920?
- that the St. Julia Council of the Catholic Women's League was chartered on October 7, 1968?

# Ways to Give to St. Julia Parish

## Pre-Authorized Debit (PAD)

- The easiest way to give, automatically debited from your bank account monthly
- Set it up once and never forget your offering
- Sustained offering for the parish through regular and consistent giving
- The debit will take place on the 5<sup>th</sup> day of each month (or on the next business day)
- Can be altered or stopped at any time

Click Here to print the form. Don't have a printer? Simply email or call the office and we will be pleased to mail you a form. Once completed drop off at the parish office or mail to:

St. Julia Church  
16 Adelene Crescent  
St. Catharines, ON  
L2T 3Y7

## Interac e-Transfer

- Instant offering / transfer of funds from your bank account to St. Julia's account
  1. Log in to your online banking
  2. Click *Interac* e-Transfer
  3. Add contact name i.e. St. Julia
  4. Notify by *email*
  5. Contacts email address
    - Enter in our new [stjuliaparishstcgiving@gmail.com](mailto:stjuliaparishstcgiving@gmail.com) email address
    - (you will only have to enter this in for the first time – St. Julia will then be a saved contact)
  6. Make your donation via your newly set up *Interac* E-Transfer

**Note:** Please put your envelope number in the message line  
There is no password required for St. Julia to receive your donation

## The Traditional Envelope

- Tried and true. Offered at the end of Mass or you can mail your envelope to:

St. Julia Church  
16 Adelene Crescent  
St. Catharines, ON  
L2T 3Y7

## CanadaHelps.org

- Instant donation using your credit card. Click Here to donate now.

**Note:** Tax receipts are issued directly from CanadaHelps.org

*Thank you for your continued generosity.*

**God bless you and those that you love.**