



251 Glenridge Avenue, St. Catharines, Ontario L2T 3Y7
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Mass Schedule

Monday, Tuesday, Wednesday and Friday 8:30 a.m.
Saturday 5:00 p.m.
Sunday 9:00 a.m. (Children's Liturgy of the Word)
11:00 a.m.

Confessions

Saturday 3:30 p.m. to 4:30 p.m. or by appointment

Office Hours

Monday to Friday, 9:00 a.m. to 1:00 p.m.

Diocesan Bishop

Pastor

Deacons

Director of Music

Maintenance

Administration

Most Rev. Gerard P. Bergie D.D.

Fr. Greg Schmidt
frgregoryschmidt@gmail.com

Deacon George Newman
Deacon Brian Jeynes

Dr. David Holler

Jim Salmon

Christine Buckley
Cheryl Wood

Parish Mailing Address: 16 Adelene Cres., St. Catharines, Ontario L2T 3C7



January 15, 2023

Second Sunday in Ordinary Time

Today's readings provide clear and inspiring reminders of the most fundamental aspect of our identity — that of servants of our most high and holy God, His modern-day disciples, and stewards.



John the Baptist recognized the holiness of Jesus and the response due to Him when he encountered Christ in person on the day they met at the Jordan River. His response, which we read in our Gospel passage from St. John was, "Behold, the Lamb of God, who takes away the sin of the world. He is the one of whom I said, 'A man is coming after me who ranks ahead of me because he existed before me.'"

What a powerful description of our Lord and the place He should rightfully have in each of our lives. He is truly our Savior, the only one who can free us from our sinfulness. We are utterly and completely dependent on His power, love, and mercy. Therefore, He truly does "rank ahead" of us; he deserves to be first, above all other priorities and plans in our lives. Let us examine our daily lives and encourage our children to do the same.

Does the way I spend my time reflect that God comes first? Do prayer and weekly Mass, regular confession, and time with my family "rank ahead" of everything else on my calendar? Do I use my talents, skills, and energy to serve my family, parish and community in thanksgiving and recognition that God's kingdom ranks ahead of any other goals or ambitions? Do I spend my money and use my material possessions to glorify God?

Challenge questions, to be sure. But questions worthy of our high calling as Christian stewards offered a glorious mission in service of our Lord and His kingdom. What will our response be?

Stewardship Reflections by [Catholic Stewardship Consultants](#)

Parish Calendar

Monday, January 16

8:30 a.m. (Livestream) - Kerry Kirkpatrick †

Tuesday, January 17

8:30 a.m. (Livestream) - Denis Morris New Year's Mass

Alyre Theriault †

7:00 p.m. - RCIA

Preparation Night # 2 for First Holy Communion

Wednesday, January 18

8:30 a.m. (Livestream) - Teofil Szymiski †

Marion Timmins †

Thursday, January 19 - No Mass

Friday, January 20

8:30 a.m. (Livestream) - Harry Edmondstone †

Saturday, January 21

5:00 p.m. (Livestream) - Shea Kenny †

Patrick Kenny † | Teresa Martin †

Deceased members of McElheran & Stasiak Families

Maria & Antonio Papalia †

Sunday, January 22

9:00 a.m. - Mass for the People

11:00 a.m. - Marino DiMaurizio †

Vittoria Passero †

Are You Being Called?

"To you who have been sanctified in Christ Jesus and called to be a holy people."

Could it be that you or someone in your family is being called to consider priesthood or consecrated life?

Contact Fr. Greg at the church office,
905 684 5603 or email
frgregoryschmidt@gmail.com.

Faith Formation & Catechesis



We welcome you to join our
RCIA session for

"The Sacrament of Holy Orders"

at 7:00 pm, Tuesday, January 17th
in Divinity Hall.

"A beautiful life does not just happen.
It is built daily by prayer, humility,
sacrifice and hard work."

THE JOY OF BEING YOURSELF



Date Jan 20-22, 2023

Cost: \$350

Led by: Anna Racine

What is preventing you from accepting yourself just as you are? Many of us spend so much time trying to be someone else rather than being ourselves.

Rather than comparing our lives and experiences to others - we should embrace and enjoy the things that make us who we are! The most important relationship that you will ever have in your life is the relationship with yourself. Learn how to focus on strengthening that relationship and deepening your connection with self.

This Retreat provides an opportunity for you to invest in yourself and to awaken the flow of love within you.

Optional - Includes individual session with Anna.

Discover the gift of being you and become your own best friend!

SINGING IN THE RAIN - THE ART OF POSITIVE THINKING



Date Feb 3-5, 2023

Cost: \$350 Led by: Anna Racine

The storms of life are constant. We all face adversity in our lives. How we react to it will determine our joy and happiness.

Positive thinking doesn't mean that you ignore life's stressors. Positive thinking means that you approach difficulties in a more optimistic and productive way.

Thinking often starts with self-talk. Self-talk can be positive or negative. Instead of getting swept up in negative thoughts, find ways to refocus your energy to develop positive thinking. Learn how to make your thinking constructive rather than destructive.

We live in a world of thoughts. It is the quality of our thoughts that creates the quality of our life. "You are what you think."

Optional - Includes individual session with Anna

"Life isn't about waiting for the storms to pass... it's about learning to sing in the rain."

Good bye stress-hello life!



Date Sat Feb 18

(9:30am-3:30pm)

Cost: \$70 (includes lunch)

Led by: Anna Racine

We live in a fast-paced society with a seemingly endless list of demands. Life naturally brings its share of challenges and stress. The key is to move forward so that stress doesn't impact other areas of your life.

Stress affects us all, but why exactly do we feel it and what causes it? This Workshop will empower you to take an honest look at what lies beneath your stressors, and provide the tools to deal with them. Learn the difference between good and bad stress.

Stress is inevitable, but letting it control your life is optional. Learn how to deal with stress so you can say hello to life again

Presenter: Anna Racine, Adjunct Faculty at Mount Carmel Spiritual Centre, is active in Parish Ministry at St. Thomas More Catholic Church. Anna is a Facilitator of Grief and Healing Support Programs and is a Spiritual Director. In 2015, Anna was awarded the Niagara Catholic Award of Distinction for her 20 years of volunteer service with the Niagara Catholic District School Board and in Parish Ministry. For more information on Anna visit annaracine.org.



Mount Carmel Spiritual Centre

7020 Stanley Avenue, Niagara Falls, Ontario L2G 7B7 www.carmelniagara.com 905-356-4113

CATHOLIC
and **LIVING IT!**



Catholic Women's League Corner:
January 14th & 15th, 2023

- **Sunday, January 15:** New Member Ceremony at 11 am Mass
- **Wednesday, January 18:** Membership Meeting 1pm - Rededication of offers in the church; meeting to follow in Divinity Hall
- Diocesan Advent Retreat at Mount Carmel Saturday, February 11 or Wednesday, February 15. Check the CWL white board for information

Ways to Give to St. Julia Parish

Pre-Authorized Debit (PAD)

- The easiest way to give, automatically debited from your bank account monthly
- Set it up once and never forget your offering
- Sustained offering for the parish through regular and consistent giving
- The debit will take place on the 5th day of each month (or on the next business day)
- Can be altered or stopped at any time

Click Here to print the form. Don't have a printer? Simply email or call the office and we will be pleased to mail you a form. Once completed drop off at the parish office or mail to:

St. Julia Church
16 Adelene Crescent
St. Catharines, ON
L2T 3Y7

Interac e-Transfer

- Instant offering / transfer of funds from your bank account to St. Julia's account
 1. Log in to your online banking
 2. Click *Interac* e-Transfer
 3. Add contact name i.e. St. Julia
 4. Notify by *email*
 5. Contacts email address
 - Enter in our new **stjuliaparishstcgiving@gmail.com** email address
 - (you will only have to enter this in for the first time – St. Julia will then be a saved contact)
 6. Make your donation via your newly set up *Interac* E-Transfer

Note: Please put your envelope number in the message line
There is no password required for St. Julia to receive your donation

The Traditional Envelope

- Tried and true. Offered at the end of Mass or you can mail your envelope to:

St. Julia Church
16 Adelene Crescent
St. Catharines, ON
L2T 3Y7

CanadaHelps.org

- Instant donation using your credit card. Click Here to donate now.

Note: Tax receipts are issued directly from CanadaHelps.org

Thank you for your continued generosity.

God bless you and those that you love.