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Mass Schedule

Monday, Tuesday, Wednesday and Friday 8:30 a.m.
Saturday 5:00 p.m.
Sunday 9:00 a.m. (Children's Liturgy of the Word)
11:00 a.m.

Confessions

Saturday 3:30 p.m. to 4:30 p.m. or by appointment

Office Hours

Monday to Friday, 9:00 a.m. to 1:00 p.m.

Diocesan Bishop

Pastor

Deacons

Director of Music

Maintenance

Administration

Most Rev. Gerard P. Bergie D.D.

Fr. Greg Schmidt
frgregoryschmidt@gmail.com

Deacon George Newman
Deacon Brian Jeynes

Dr. David Holler

Jim Salmon

Christine Buckley
Cheryl Wood

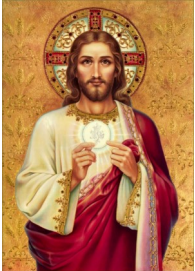


Parish Mailing Address: 16 Adelene Cres., St. Catharines, Ontario L2T 3C7



August 1st, 2021 - 18th Sunday in Ordinary Time

Often, we live our lives striving for temporary happiness. But today, Jesus reminds us to "not work for food that perishes, but for the food that endures for eternal life."



Our Eucharistic meal is the Spiritual Food that we consume — Jesus Himself, Body, Blood, Soul, and Divinity. It will satisfy us as Jesus says, "I am the bread of life; whoever comes to me will never hunger, and whoever believes in me will never thirst."

We all have the need to be satisfied. It is in our humanity. And in that incompleteness, we grab at what surrounds us to satisfy our hearts. It could be the next job promotion, the comforts in our homes, the next trip we plan to take. The list goes on. We might think to ourselves, 'then I will be happier.' Or maybe we don't even realize how we are relying on those things or events in our lives.

And while many of those things are good and bring us joy, they are only a small glimpse of the deeper, lasting happiness that the Lord offers us. They are gifts that should remind us of our Good and Gracious Creator. Instead of placing undue importance on those things or people, place it on Jesus, as He says, "Whoever comes to me will never hunger, and whoever believes in me will never thirst." He is the One who fills our hearts.

As you go about your day-to-day lives this week, try to recognize the times you are "working for food that perishes" by seeking things of the world to satisfy your heart. In those moments, recall that everything we have is a gift from God. Instead of misusing that gift, offer a prayer of thanksgiving for all He has given to you.

Parish Calendar

Monday, August 2

8:30 a.m. (Livestream) - Wayne Mattie †

Tuesday, August 3

8:30 a.m. (Livestream) - Joseph Galliera † | Rose Clark †

Wednesday, August 4

8:30 a.m. (Livestream) - Tom Critelli †

Thursday, August 5

No Mass

Friday, August 6

8:30 a.m. (Livestream) - Bernie Bodogh †
Joseph Galliera †

9:00 a.m. (Livestream) - Holy Hour

Saturday, August 7

5:00 p.m. (Livestream) - Margaret Doodeman †
Andrew Keltos †

Sunday, August 8

9:00 a.m. - CWL Gathering Mass
Bert Mattie † | Louise Minniti † | Pawel Wrobel †
11:00 a.m. - Mass for the People

Are You Being Called?

**"Do not work for food that perishes,
but for food that endures for eternal life."**

Are you being chosen to help feed and give life to the people of God as a priest, deacon or in the consecrated life ? Contact Fr. Greg at the church office, 905 684 5603 or email frgregoryschmidt@gmail.com.



Catholic Women's League

Please join us for our CWL Gathering Mass on Sunday, August 8th at 9:00 am. All are welcome.

Ushers Needed

The Usher Ministry is in need of volunteers for each of our weekend masses. Primary duties and responsibilities include the offertory collection and distribution of bulletins at the conclusion of Mass with a friendly goodbye. This is a great opportunity to serve with very little time commitment required. Feel called to this ministry? Perhaps a Mother and school aged son, or Grandfather and grandchild. So many possibilities of serving here at St. Julia - a caring Roman Catholic Community. Please see Fr. Greg.